

Kindergarten Education Scheme

School-based Learning Activity of Chinese Culture

Display Form

Hong Kong Society for the Protection of Children Ma Tau Chung Nursery School

Name of School

2025-2026

School Year

N4

Grade Level

Name of Activity

Making Dragon's Beard Candy

Objective(s)

1. To allow children to experience the basic production process and techniques of Dragon's Beard Candy making, an intangible cultural heritage
2. To enable children to appreciate Chinese traditional culinary culture through the hands-on experience of making Dragon's Beard Candy
3. To enhance their fine motor skills through the Dragon's Beard Candy making activity

Brief Descriptions:

First, teacher shares the history and traditional culture of Dragon's Beard Candy with children and demonstrates how to stretch the candy into a ring, pull and twist it into a figure '8', fold and stretch it until the candy forms. Finally, the candy filled with peanuts and sesame and rolled into shape. Children enjoy the process of making Dragon's Beard Candy. Through the activity, they are engaged, focused, and excited, following the instructions step by step under the teacher's guidance. Through this hands-on experience of crafting traditional Chinese food, they gain appreciation for traditional culture.

Record of Activity (E.g. Children's Work / Photos / Videos of the activity)

