

Kindergarten Education Scheme

School-based Learning Activity of Chinese Culture

Display Form

Hong Kong Society for the Protection of Children Ma Tau Chung Nursery School

Name of School

2025-2026

School Year

N4

Grade Level

Name of Activity

Making Cha Kwo and Tea tasting

Objective(s)

1. Learn about traditional Chinese food culture: *cha kwo*
2. Enhance children's hand-eye coordination and fine motor skill

Brief Descriptions:

Children learn the basic shaping of traditional *cha kwo*. They begin by pressing the dough into a round shape with their hands, adding red bean paste as filling, and then rolling the dough into a ball. After completing these steps, children place their *cha kwo* into specialized tool to create various designs, before packing them into boxes to bring home and share with their families.

Children enjoy the process of making *cha kwo* and they are able to complete each step and it deepens the children's understanding of traditional Chinese culture, and enhances their eye-hand coordination and fine motor skill development.

Record of Activity (E.g. Children's Work / Photos / Videos of the activity)

