

Kindergarten Education Scheme

School-based Learning Activity of Chinese Culture

Display Form

Hong Kong Society for the Protection of Children Ma Tau Chung Nursery School

Name of School

2025-2026

School Year

N2

Grade Level

Name of Activity

Green Bean Cake Making Workshop

Objective(s)

Through hands-on experiential activities, enable children to learn about the ingredients and process of making traditional Chinese bean-based pastries, and to understand the health benefits of Chinese medicinal foods.

Brief Descriptions:

To begin, our teacher will help the children recall the different festive treats eaten during the New Year, such as turnip cake and nian gao (sticky rice cake). Then, it's time for the children to make their very own green bean cakes! Two pastry chefs will be introduced to the class and will start by showing the children how it's done, explaining each step along the way. With help from the teachers and chefs, the children will then make their green bean cakes step by step—kneading and pressing the green bean paste, adding fillings, and using moulds to shape the paste into different fun designs. At the end, each child will pack their finished cakes into a paper box to take home and share with their family. Once everyone has finished, the teacher will lead the children in thanking the pastry chefs and wishing them a happy New Year.

Record of Activity (E.g. Children's Work / Photos / Videos of the activity)

