

2024-2025 年度 N3 專題研習 - 米 Project - Rice

活動對象 Target: N3 幼兒 children

活動目標 Objectives:

1. 加深對「米」的認識
2. 增加幼兒對稻米生長的不同階段的認識
3. 培養幼兒珍惜食物的美德

- Deepen your understanding of rice
- Increase children's understanding of the different stages of rice growth
- Cultivate the virtue of cherishing food in children

活動簡介 Brief Introduction:

活動前，老師與幼兒於「食物」單元認識了不同食物的種類名稱及營養，班內幼兒亦十分喜歡進食白米飯。為延伸幼兒學習，讓幼兒更能深入地認識中國日常的主要食糧「米」，所以老師安排了專題研習與幼兒一同探索不同的米，如：小米、白米、紫米等，透過小食製作、煮米、買米等的活動，加深對「米」的認識。

Prior to the activity, teachers and children learned about the names and nutritional value of different foods in the "Food" unit. The children in the class also enjoyed eating white rice. To extend their learning and provide a deeper understanding of rice, a staple staple in China, teachers arranged a project-based study session with the children to explore different types of rice, such as millet, white rice, and black rice. Through activities such as making snacks, cooking rice, and buying rice, the children deepened their understanding of rice.

