

活動對象 Target: N4 幼兒 children

活動目標 Objectives:

1. 讓幼兒加深對中國茶具的認識，了解中國人的飲茶歷史
2. 讓幼兒認識及欣賞中國的傳統小食。

- Deepen children's understanding of Chinese tea culture and the history of tea drinking in China.
- Introduce the Chinese traditional food to children and to appreciate it.

活動簡介 Brief Introduction:

老師透過參觀茶具文物館及製作不同的中國傳統食物，如冰糖葫蘆、磨豆漿、包餃子和試食點心等活動認識中國飲食文化，知道了茶壺本體分為壺嘴、壺身和壺耳，亦有很多不同款式，亦會模仿老師沖茶時的步驟。於整個體驗式學習中，幼兒透過體驗和實踐，學會欣賞中國的飲食文化。

The teacher guides the children to learn about Chinese food culture through activities such as visiting a tea utensil museum and making various traditional Chinese foods, like Tanghulu, grinding soy milk, making dumplings, and tasting dimsum. They learn that the structure and different styles of teapot. The children also mimic the steps of brewing tea as demonstrated by the teacher.

Throughout these experiential learning activities, the children learn to appreciate Chinese food culture through hands-on experience and practice.

