

N.2-N.4 中華文化夏天玩水活動

“Chinese Cultural Summer Water Play”

活動目標(Target)

- 讓幼兒了解夏至的意義和體驗傳統的戲水遊戲。
 - 透過集體遊戲體現中華文化中強調的集體主義精神，讓幼兒學習協作與分享。
 - 透過文化手工藝創作活動，擴展幼兒對中國二十四節氣的認知和納涼的習俗。
 - 藉體驗科學實驗，讓幼兒了解水的性質和象徵意義。
- To enable children to understand the significance of the Summer Solstice and experience traditional water play activities associated with this seasonal celebration.
 - To foster cooperation and sharing among children through group games, reflecting the collectivist values emphasised in the Chinese culture.
 - To broaden children's understanding of the twenty-four solar terms and traditional cooling customs through cultural handcraft activities.
 - To engage children in scientific experiments that explore the properties of water and their symbolic meanings within Chinese cultural contexts.



活動簡介 (Activity Overview)

- 幼兒在「中華文化夏天玩水」活動中透過故事欣賞、集體遊戲、文化手工藝及科學探索活動，認識中國二十四節氣之一的「夏至」，並從中體驗中華文化的智慧。在故事欣賞環節中，幼兒能理解夏至的節氣意義，並認識古人如何透過玩水、飲涼茶、食西瓜等方式消暑，建立對「納涼」習俗的初步認知。在玩水活動中，幼兒換上泳裝參與遊戲，不僅能體驗傳統納涼活動的樂趣，更在集體遊戲中學習遵守規則、互相協助，體現中華文化中強調的集體主義精神與群體參與意識。此外，幼兒透過「中式手畫涼扇」創作活動，讓幼兒認識涼扇的歷史與種類，並模仿中式圖案進行創作，提升美感與文化表達能力。最後在科學小實驗活動中，幼兒透過製作泡泡水活動，培養探索精神，並進一步了解水在中國文化中的象徵意義。
- Through the “Chinese Cultural Summer Water Play” activities, children explored the traditional significance of the Summer Solstice—one of the twenty-four solar terms in the Chinese culture—by engaging in story appreciation, group games, cultural handcrafts and scientific exploration. During the storytelling session, children learned about the meaning of the Summer Solstice and how ancient Chinese communities practised cooling traditions such as water play, herbal tea drinking and watermelon eating. These customs helped children develop an initial understanding of traditional ways to stay cool in the summer. During the water play activities, children changed into swimwear and participated in games that allowed them to experience the traditional summer fun. Through collective participation, they learned to follow rules, cooperate with peers, and embody the collectivist spirit emphasised in the Chinese culture. Additionally, through the “Chinese Hand-Painted Fan” craft activity, children were introduced to the history and types of traditional fans. By painting Chinese motifs such as plum blossoms and bamboo, they enhanced their aesthetic awareness and cultural expression skills. Finally, during the science experiment session, children created bubble water and explored the properties of water through hands-on activities. This experience not only fostered their curiosity and scientific thinking but also deepened their understanding of water’s symbolic meanings in the Chinese culture life, purity and adaptability.

