

**Kindergarten Education Scheme
School-based Learning Activity of Chinese Culture
Display Form**

HKSPC Thomas Tam Nursery School

Name of School

2024-2025

School Year

N2-N4

Grade Level

Name of Activity

Dragon Boat Festival Activity

Objective(s)

- Understand that the Dragon Boat Festival is a traditional Chinese festival
- Learn about the customs and cultural practices of the Dragon Boat Festival
- Explore the origin of zongzi (sticky rice dumplings) and their role in the festival
- Discover the connection between scented sachets and the Dragon Boat Festival
- Learn about the history and craftsmanship of Chinese scented sachets

Brief Descriptions:

With the Dragon Boat Festival approaching, to help children learn about this traditional Chinese festival—including its origins, customs, foods, and the festive experience—the school is collaborating with a partner company to host special Dragon Boat Festival activities. This aims to deepen the children's understanding of Chinese traditions and allow them to immerse themselves in the celebratory atmosphere.

Activities on the day include:

- An introduction to the Dragon Boat Festival
- Making zongzi (sticky rice dumplings)
- Crafting scented sachets
- Experiencing dragon boat paddling
- Participating in dragon boat races

Through videos, children will explore the festival's history, traditional customs, and iconic foods. They'll have hands-on opportunities to wrap zongzi and make sachets—learning about the ingredients used and the process involved.

They'll also team up with classmates to race dragon boats and experience paddling in water, capturing the spirit of the festival's boat competitions.

During snack time, the children can taste the zongzi they made themselves.

To wrap up the day, the school will distribute festive books and craft kits so children can continue the celebration at home with their families.

Record of Activity (E.g. Children's Work / Photos / Videos of the activity)

