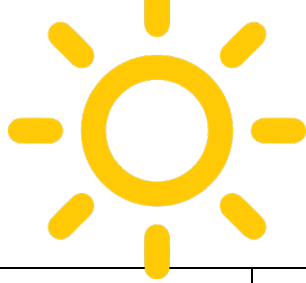


# Menu 1



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Egg noodles soup with lettuce and fish fillets	Macaroni soup with corns and pork	Boiled egg Milk	Rice noodles soup with cabbage and chicken	Udon soup with pork dumplings	Cornflakes Milk
Lunch	Seaweed Cellophane noodles tofu soup  Steamed chicken with black fungus  Stir-fried lettuce  Brown rice	Steamed chicken with pumpkin  Stir-fried cauliflower  Rice with corn	Vegetable soup (tomatoes, onions, cabbages, potatoes and beans)  Braised penne pasta with corns, beef and cabbage	Pork with hairy gourd  Stir-fried lettuce  Red rice	Peanuts black-eyed peas pork soup  Steamed eggs with spring onions  Stir-fried Choy Sum with beef  White rice	Rice noodles soup with cabbage and chicken
Fruit	Apple/banana/grapes/dragon fruit/cherry tomato/orange/pear/papaya/ cantaloupe					/
Afternoon Tea	Oatmeal with egg drop in milk	Peanut buttered sandwich Milk	Congee with shiitake mushrooms and chicken	Cheese sandwich Milk/Water	Raisin bun Milk	/
Tea (EH service)	Buttered sandwich	Bread	Jam sandwich	Bread	Peanut buttered sandwich	/
Dinner (EH service)	Rice with pumpki, corn and pork Fruit	Rice with tomatoes and beef Fruit	Rice with hairy gourd and pork Fruit	Rice with carrot and beef Fruit	Rice with cabbage and chicken Fruit	/

\*\*Parents are advised to pay attention that the contents of the menu will be adjusted due to market availability without prior notice.\*\*

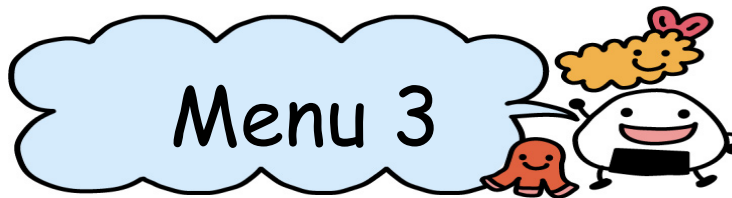


# Menu 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Alphabet pasta soup with tomato and beef	Peanut buttered sandwich Milk	Egg noodles soup with pork and cabbage	Rice noodles soup with assorted vegetables and fish fillets	Butter sandwich Milk	Cornflakes Milk
Lunch	Hairy gourd cellophane noodles pork soup  Steamed chicken with shiitake mushrooms  Stir-fried cauliflower Brown rice	Steamed pork with potatoes  Broiled Choy Sum  Rice with pumpkin	Pumpkin corn pork soup  Braised rice with tomatoes, chicken and assorted vegetables	Steamed ground pork with oat and corns  Stir-fried romaine  Red rice	Apricot kernels snow fungus carrot pork soup  Steamed fish with tofu  Stir-fried Shanghai Pak Choy White rice	Spaghetti soup with cabbage and pork
Fruit	Apple/banana/grapes/dragon fruit/cherry tomato/orange/pear/papaya/ cantaloupe					/
Afternoon Tea	Blueberry jam bread Milk	Soba noodles soup with corn and chicken	Tuna sandwich Milk	Wheat bread Milk	Congee with dried cabbage and beef	/
Tea (EH service)	Buttered sandwich	Bread	Bread	Jam sandwich	Bread	/
Dinner (EH service)	Rice with potatoes and pork Fruit	Rice with romaine and beef Fruit	Rice with Choy Sum and pork Fruit	Rice with Shanghai Pak Choy and chicken Fruit	Rice with egg, corn and pork Fruit	/

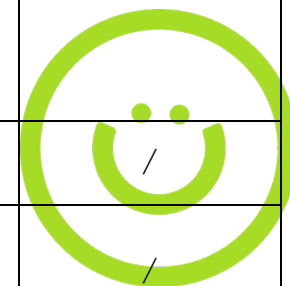
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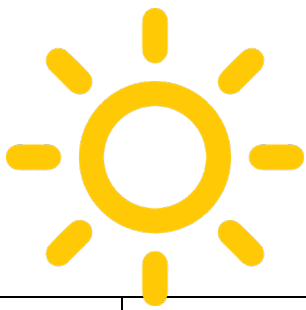
# Menu 3




	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Fettuccine soup with corn and chicken	Spaghetti soup with assorted vegetables and fish fillets	Soba noodles soup with beef and lettuce	Udon soup with chicken and baby cabbage	Boiled egg Milk	Cereal (Honey stars) Milk
Lunch	Apple snow pear pork soup  Steamed pork with eggplants  Stir-fried Pak Choy  Brown rice	Chicken with onions  Stir-fried lettuce with dried tofu  Rice with pumpkin	Fresh and dried cabbage, apricot kernels pork soup  Yangzhou fried rice (shredded lettuce, egg and pork)	Steamed pork with taro  Stir-fried cauliflower  Red rice	Lotus root green beans pork soup  Fried pork with tomatoes  Stir-fried Shanghai Pak Choy White rice	Rice fried with Chinese cabbage, egg and minced pork
Fruit	Apple/banana/grapes/dragon fruit/cherry tomato/orange/pear/papaya/ cantaloupe					/
Afternoon Tea	Egg salad sandwich Milk	Oatmeal with egg drop in milk	Raisin bun Milk	Strawberry jam bread Milk	Congee with beef and lettuce	/
Tea (EH service)	Bread	Jam sandwich	Buttered sandwich	Bread	Bread	/
Dinner (EH service)	Rice with pumpkin and pork Fruit	Rice with cabbage and beef Fruit	Rice with cauliflower and chicken Fruit	Rice with tomatoes and beef Fruit	Rice with assorted vegetables and pork Fruit	/

\*\*Parents are advised to pay attention that the contents of the menu will be adjusted due to market availability without prior notice.\*\*





# Menu 4



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Penne pasta soup with carrots and fish fillets	Blueberry jam bread Milk	Egg noodles soup with pork and spinach	Conchiglie soup with lettuce and chicken	Noodles soup with assorted vegetables and beef	Cereal (Honey stars) Milk
Lunch	Papaya snow fungus pork soup  Steamed chicken with yam bean  Stir-fried baby cabbage  Brown rice	Steamed pork with potatoes  Stir-fried Choy Sum  Rice with corn	Congee with beef and ginkgo  Rice noodles with cabbage and pork	Braised beef with onions and tomatoes  Stir-fried cucumber  Red rice	Corns chestnuts carrots pork soup  Steamed eggs with spring onions  Stir-fried pork with hairy gourd White rice	Rice noodles soup with Pak Choy, egg and pork
Fruit	Apple/banana/grapes/dragon fruit/cherry tomato/orange/pear/papaya/ cantaloupe					/
Afternoon Tea	Oatmeal with egg drop in milk	Congee with mixed grains	Pancake Milk	Wheat bread Milk	Avocado salad sandwich Milk	/
Tea (EH service)	Jam sandwich	Bread	Buttered sandwich	Peanut buttered sandwich	Bread	/
Dinner (EH service)	Rice with Choy Sum and beef Fruit	Rice with baby cabbage and chicken Fruit	Rice with cucumber and pork Fruit	Rice with corn and pork Fruit	Rice with assorted vegetables and chicken Fruit	/



\*\*Parents are advised to pay attention that the contents of the menu will be adjusted due to market availability without prior notice.\*\*