

| 1st week | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------|--|---|--|---|--|--|
| Breakfast | Meat Chopped Macaroni | Milk Oatmeal | Twist Bun | Sweet Round Roll | Sliced Giant Wheat Sandwich Bread | Sliced Giant Wheat Sandwich Bread |
| Lunch | Tomato and Sliced Pork Soup Steamed Egg with Minced Meat Stir-fried Cabbage | Tofu and Seaweed Soup with Lean Pork Cooked Chicken Tenderloin with Cabbage Scrambled Eggs | Lean Pork Soup with Hairy Melon Shredded Beef Tenderloin Cooked with Baby Vegetables Steamed Eggs | Papaya Pork Chop Soup Scrambled Eggs with Minced Meat Stir-fried baby vegetables | Borscht Spaghetti with Bolognese Sauce | Minced Pork with Vegetable Fried Rice |
| Tea Time | Milk Wheat Raisin Bun | Congee with Minced Pork and Corn | Milk Chicken Fusilli | Milk Macaroni with Minced Meat | Milk Minced Meat and Rice Noodles in Soup | / |
| Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | / |
| EH Tea Time | Wheat Raisin Bun | Sesame Biscuits | Twist Bun | Sweet Round Roll | Sliced Giant Wheat Sandwich Bread | Sliced Giant Wheat Sandwich Bread |

| 2nd Week | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------|--|---|--|--|---|---|
| Breakfast | Meat Chopped Macaroni | Brown Sugar Raisin Bun | Sliced Giant Wheat Sandwich Bread | Sweet Round Roll | Pancake | Sweet Round Roll |
| Lunch | Minced Pork Soup with Cucumber Sliced Beef Cooked with Spinach Scrambled Eggs | Pumpkin Sliced Pork Soup Fried Rice with Chicken Tenderloin and Zucchini | Corn, Tofu and Lean Pork Soup Meatballs with Cabbage Steamed Eggs | Apple & Snow Pear Soup with Minced Pork Stir-fried Broccoli Carrot Steamed Meatloaf | Papaya Lean Pork Soup Boiled Fish with Cabbage Scrambled Eggs with Green Beans | Minced Pork with Vegetable Fried Noodles |
| Tea Time | Finger Biscuits Milk and Egg Oatmeal | Tomato and Minced beef Porridge | Milk Corn Meat Chopped Macaroni | Milk Shanghai Noodles with Minced Meat | Milk Shredded pork with Vegetables and Rice Noodles | / |
| Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | / |
| EH Tea Time | Sesame Biscuits | Brown Sugar Raisin Bun | Sliced Giant Wheat Sandwich Bread | Sweet Round Roll | Pancake | Sweet Round Roll |

| 3rd Week | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------|---|---|---|--|---|--|
| Breakfast | Steamed Bread | Corn Flakes with Milk | Sliced Giant Wheat Sandwich Bread | Wheat Raisin Bun | Twist Bun | Hard-boiled Egg |
| Lunch | Carrot and Potato Pork Soup Chicken Tenderloin with Cabbage Steamed Eggs | Borscht Fusilli with Creamy Mixed Vegetables and Minced Pork | Lean Pork Soup with Hairy Melon Beef with Green Beans Steamed Eggs | Papaya Lean Pork Soup Meatballs with Tomatoes Scrambled Eggs Red rice | Lean Pumpkin Soup Sliced Pork Cooked with Cabbage Steamed Egg with Minced Meat | Minced Pork with Vegetable Fried Rice |
| Tea Time | Milk Rice Noodles with Minced Pork and Mixed Beans in Soup | Egg Sandwich | Congee with Minced pork and Lettuce | Sugar-free soy milk Boiled Corn | Sesame Biscuits Milk and Egg Oatmeal | / |
| Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | / |
| EH Tea Time | Steamed Bread | Sesame Biscuits | Sliced Giant Wheat Sandwich Bread | Wheat Raisin Bun | Twist Bun | Sesame Biscuits |

| 4th Week | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------|---|--|---|--|---|---|
| Breakfast | Hard-boiled Egg | Butter Roll | Steamed Rice Noodles Roll | Brown Sugar Raisin Bun | Sesame Cocktail Bun | Sweet Round Roll |
| Lunch | Spinach and Minced Pork Soup Steamed Sliced Pork with Pumpkin Scrambled Eggs | Cucumber and Minced Pork Soup Stir-fried vegetable cores Steamed Meatloaf | Corn, Tofu and Lean Pork Soup Boiled Meatballs with Baby Vegetables Steamed Eggs | Cabbage and Sliced Pork Soup Chicken Tenderloin with Tomato and Egg Fried Noodles | Lean Pork Soup with Green Carrot and Carrot Boiled Fish with Cabbage Scrambled Eggs with Green Beans | Minced Pork with Vegetable Fried Noodles |
| Tea Time | Milk Shanghai Noodles with Minced Meat | Fried Noodles with Shredded Pork and Silver Sprouts | Milk Minced pork Macaroni | Marie Biscuits Milk and Egg Oatmeal | Milk Minced pork with vegetables and rice noodles | / |
| Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | / |
| EH Tea Time | Sesame Biscuits | Butter Roll | Hard-boiled Egg | Brown Sugar Raisin Bun | Sesame Cocktail Bun | Sweet Round Roll |