

Kindergarten Education Scheme

School-based Learning Activity of Chinese Culture

Display Form

HKSPC The Jockey Club Hok Sam Nursery School

School Name

2023/2024

School Year

N1-N4

Grade Level

Name of Activity

Let's make glutinous rice balls

Objective(s)

- Understand one of the twenty-four solar terms in China – Winter Solstice.
- Participate in the winter solstice festival activity "making glutinous rice balls " with classmates.
- Enhance hand coordination ability.

Brief Descriptions:

Children understood the story of the traditional Chinese festival "Winter Solstice" through the story. In traditional farming society, after a year of hard work, it is a good time to take a rest and eat Eve dinner with your family and share the joy of eating together. One food that is always essential during Eve dinner is glutinous rice balls.

Our school held this activity on December 21, 2023 (Tuesday). On that day, the teacher taught the children how to make glutinous rice balls. The children first mixed flour and water to form a dough, and finally added sugar to the dough and kneaded it into small balls. During the production process, children had the opportunity to knead the dough with their hands, observed the changes of the glutinous rice balls in boiling water, and finally tasted the glutinous rice balls made by themselves to feel the seasonal atmosphere of the winter solstice.

Record of Activity (E.g. Children's Work/ Photos/ Videos of the activity)

Knead, knead, knead, everyone knead the dough.



Let's make glutinous rice balls together, they look delicious!

