

端午同樂日

The Dragon Boat Festival

班 級 (Class) : N2-N4

活動地點 (Location) : 本校

Nursery School

活動目標 (Target) :

- 認識端午節的起源和習俗
- 懂得欣賞別人的作品和培養合作精神
- 加強幼兒對中華傳統文化的認識
- To understand the origins and customs of the Dragon Boat Festival.
- To appreciate others' creations and cultivate a spirit of cooperation.



活動簡介 (Activity Overview)

幼兒透過故事和影片認識端午節的起源及習俗，然後與幼兒進行賽龍舟活動，幼兒隨著鼓聲節奏模擬划龍舟，感受當中緊張熱烈的氣氛，並懂得互相合作的精神。另外，老師與幼兒進行找糉子活動，並利用不同物料創作端午節吊飾。最後向幼兒派發糉子，讓幼兒回家與家人一同分享，品嚐傳統節日文化的特色食品。

Children learnt about the origins and customs of the Dragon Boat Festival through stories and videos. They then participated in a dragon boat racing activity, which simulated rowing to the rhythm of the drum, and children were able to experience the intense and lively atmosphere while enhancing their cooperative spirit. Additionally, teachers and children were engaged in a zongzi (rice dumpling) hunt and created Dragon Boat Festival decorations using various materials. Finally, zongzis were distributed to the children to take home for sharing with their families, allowing them to taste the traditional festive food and experience the cultural essence of the festival.

