

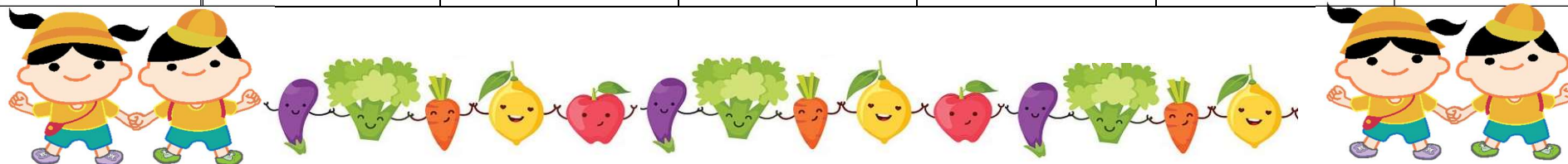


Date/Item	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Milk Rice Krispies	Corned chicken macaroni	Milk Cheese finger buns	Shredded egg with minced pork angel noodles	Milk Raisin buns	Water Cupcake
Lunch	Steamed water eggs Beef with courgette	Steamed Tofu with Poached Fish Chicken with cabbage and egg	Chicken with Green and Red Peppers Steamed Pork Pie with Chinese water chestnut	Boiled chicken with corn Boiled beef with vegetable	Poached Egg with Tomato Braised Beef with fuzzy melon	Spaghetti Bolognese
Soup	Pork Rib Soup with watercress and Dates	Pork Soup with fuzzy melon and dates	Egg with seaweed meat Soup	Tofu with fish soup	Pork Soup with Papaya and Snow Fungus	Borscht Soup
Fruit	Fruit					
Tea	Corn and Chicken Porridge	Milk Steamed Buns	Pumpkin Sago Dessert	Milk Steamed Cake	Mixed Beans Sweet Congee	/





Date/Item	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Water Cupcake	Water Cheese sandwich	Milk Corn flakes	Milk Boiled Egg	Shredded chicken and vegetable congee	Cereal with egg blossom and milk
Lunch	Fried beef with shredded egg  Boiled chicken with fuzzy melon	Boiled beef with potatoes  Boiled chicken with cabbage	Steamed water egg  Boiled tofu with Pork	Steamed egg with pork  Boiled beef with vegetables	Boiled fish with Chinese cabbage Boiled chicken with mushrooms	Chicken with vegetables spaghetti
Soup	Tomato and potato pork soup	Pork soup with winter melon	Sweet corn and carrot pork ribs soup	Papaya fish soup	Apple, apricot kernel dates soup	Pork Corn Soup
Fruit	Fruit					
Tea	Milk Boiled eggs	Stewed eggs with milk	Stewed spaghetti with shredded chicken	Sweet congee with pelted wheat	Milk Egg sandwich	/





Date/Item	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Cereal with egg blossom and milk	Shredded chicken congee with mixed vegetables	Milk Boiled Egg	Alfabeto with Shredded egg and meat	Milk Rice Krispies	Milk Cupcake
Lunch	Fried egg with onion Braised pork with tomato	Steamed fish with tofu Braised beef with onion	Boiled pork with cucumber Corned mushroom with chicken	Stewed chicken fillet with corn Fried egg with shredded carrot	Steamed egg with Beef Boiled chicken with potatoes	Shredded egg with mixed vegetables fried fusilli
Soup	Borscht Soup	Seaweed meat Soup	Apple, apricot kernel dates soup	Meat soup with winter melon	Tofu with fish soup	Pumpkin pork soup
Fruit	Fruit					
Tea	Sweet barley dessert	Milk Egg sandwich	Chicken shellfish spaghetti	Milk Raisin buns	Spaghetti in meat soup	/





Date/Item	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Milk Rice Krispies	Milk Bar bun	Chicken oatmeal	Milk Cheese finger buns	Milk Boiled eggs	Water Cupcake
Lunch	Steamed pork pie with Chinese water chestnut Stewed beef with broccoli	Fried egg with onion Fried beef with vegetables	Boiled beef with pumpkin Chicken with cabbage	Fried beef with vegetables Fried fish cakes	Boiled chicken Fillet with broccoli Steamed pork with pumpkin	Shredded egg with bean sprouts fried beef noodles Meat Porridge
Soup	Pork Soup with Papaya and Snow Fungus	Pork soup with carrot, almond and dates	Tomato and potato fish soup	Pork ribs soup with dates	Carrot and fish soup	/
Fruit	Fruit					
Tea	Chicken and vegetable congee	Sliced pork with tomato Udon in soup	Milk Steamed cake	Alfabeto with meat	Mixed Beans Sweet Congee	/

