1st week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Meat Chopped Macaroni	Milk Oatmeal	Twist Bun	Sweet Round Roll	Sliced Giant Wheat Sandwich Bread	Sliced Giant Wheat Sandwich Bread
Lunch	Tomato and Sliced Pork Soup Steamed Egg with Minced Meat Stir-fried Cabbage	Tofu and Seaweed Soup with Lean Pork Cooked Chicken Tenderloin with Cabbage Scrambled Eggs	Lean Pork Soup with Hairy Melon Shredded Beef Tenderloin Cooked with Baby Vegetables Steamed Eggs	Papaya Pork Chop Soup Scrambled Eggs with Minced Meat Stir-fried baby vegetables	Borscht Spaghetti with Bolognese Sauce	Minced Pork with Vegetable Fried Rice
Tea Time	Milk Wheat Raisin Bun	Congee with Minced Pork and Corn	Milk Chicken Fusilli	Milk Macaroni with Minced Meat	Milk Minced Meat and Rice Noodles in Soup	
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	

2nd Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Meat Chopped Macaroni	Brown Sugar Raisin Bun	Sliced Giant Wheat Sandwich Bread	Sweet Round Roll	Pancake	Sweet Round Roll
Lunch	Minced Pork Soup with Cucumber Sliced Beef Cooked with Spinach Scrambled Eggs	Pumpkin Sliced Pork Soup Fried Rice with Chicken Tenderloin and Zucchini	Corn, Tofu and Lean Pork Soup Meatballs with Cabbage Steamed Eggs	Apple & Snow Pear Soup with Minced Pork Stir-fried Broccoli Carrot Steamed Meatloaf	Papaya Lean Pork Soup Boiled Fish with Cabbage Scrambled Eggs with Green Beans	Minced Pork with Vegetable Fried Noodles
Tea Time	Finger Biscuits Milk and Egg Oatmeal	Tomato and Minced beef Porridge	Milk Corn Meat Chopped Macaroni	Milk Shanghai Noodles with Minced Meat	Milk Shredded pork with Vegetables and Rice Noodles	
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	

3rd Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Steamed Bread	Corn Flakes with Milk	Sliced Giant Wheat Sandwich Bread	Wheat Raisin Bun	Twist Bun	Hard-boiled Egg
Lunch	Carrot and Potato Pork Soup Chicken Tenderloin with Cabbage Steamed Eggs	Borscht Fusilli with Creamy Mixed Vegetables and Minced Pork	Lean Pork Soup with Hairy Melon Beef with Green Beans Steamed Eggs	Papaya Lean Pork Soup Meatballs with Tomatoes Scrambled Eggs Red rice	Lean Pumpkin Soup Sliced Pork Cooked with Cabbage Steamed Egg with Minced Meat	Minced Pork with Vegetable Fried Rice
Tea Time	Milk Rice Noodles with Minced Pork and Mixed Beans in Soup	Egg Sandwich	Congee with Minced pork and Lettuce	Sugar-free soy milk Boiled Corn	Sesame Biscuits Milk and Egg Oatmeal	
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	

4th Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Hard-boiled Egg	Butter Roll	Steamed Rice Noodles Roll	Brown Sugar Raisin Bun	Sesame Cocktail Bun	Sweet Round Roll
Lunch	Spinach and Minced Pork Soup Steamed Sliced Pork with Pumpkin Scrambled Eggs	Cucumber and Minced Pork Soup Stir-fried vegetable cores Steamed Meatloaf	Corn, Tofu and Lean Pork Soup Boiled Meatballs with Baby Vegetables Steamed Eggs	Cabbage and Sliced Pork Soup Chicken Tenderloin with Tomato and Egg Fried Noodles	Lean Pork Soup with Green Carrot and Carrot Boiled Fish with Cabbage Scrambled Eggs with Green Beans	Minced Pork with Vegetable Fried Noodles
Tea Time	Milk Shanghai Noodles with Minced Meat	Fried Noodles with Shredded Pork and Silver Sprouts	Milk Minced pork Macaroni	Marie Biscuits Milk and Egg Oatmeal	Milk Minced pork with vegetables and rice noodles	
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	