1 st week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Steamed Shumai	Wheat Raisin Bun	Twist Bun	Sweet Round Roll	Sliced Giant Wheat Sandwich Bread	Sliced Giant Wheat Sandwich Bread
Lunch	Tomato and Sliced Pork Soup	Tofu and Seaweed Soup with Lean Pork	Lean Pork Soup with Hairy Melon	Papaya Pork Chop Soup	Borscht Spaghetti with Bolognese Sauce	
	Steamed Egg with Minced Meat	Cooked Chicken Tenderloin with Cabbage	Shredded Beef Tenderloin Cooked with Baby Vegetables Steamed Eggs	Scrambled Eggs with Minced Meat		Minced Pork with Vegetable Fried Rice
	Stir-fried Cabbage	Scrambled Eggs		Stir-fried baby vegetables		
Tea Time	Milk Macaroni with Minced Meat	Congee with Minced Pork and Corn	Milk Chicken Fusilli	Milk Oatmeal	Milk Minced Meat and Rice Noodles in Soup	
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	

2 nd Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Twist Bun	Brown Sugar Raisin Bun	Sliced Giant Wheat Sandwich Bread	Sweet Round Roll	Butter Cake	Sweet Round Roll
Lunch	Minced Pork Soup with Cucumber Sliced Beef Cooked with Spinach Scrambled Eggs	Pumpkin Sliced Pork Soup Fried Rice with Chicken Tenderloin and Zucchini	Corn, Tofu and Lean Pork Soup Meatballs with Cabbage Steamed Eggs	Apple & Snow Pear Soup with Minced Pork Stir-fried Broccoli Carrot Steamed Meatloaf	Papaya Lean Pork Soup Boiled Fish with Cabbage Scrambled Eggs with Green Beans	Minced Pork with Vegetable Fried Noodles
Tea Time	Milk Shanghai Noodles with Minced Meat	Tomato and Minced beef Porridge	Milk Corn Meat Chopped Macaroni	Milk and Egg Oatmeal	Milk Shredded pork with Vegetables and Rice Noodles	
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	

3 rd Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Steamed Bread	Sweet Round Roll	Sliced Giant Wheat Sandwich Bread	Wheat Raisin Bun	Twist Bun	Hard-boiled Egg
Lunch	Carrot and Potato Pork Soup Chicken Tenderloin with Cabbage Steamed Eggs	Papaya Lean Pork Soup Meatballs with Tomatoes Scrambled Eggs	Lean Pork Soup with Hairy Melon Beef with Green Beans Steamed Eggs	Borscht Fusilli with Creamy Mixed Vegetables and Minced Pork	Lean Pumpkin Soup Sliced Pork Cooked with Cabbage Steamed Egg with Minced Meat	Minced Pork with Vegetable Fried Rice
Tea Time	Corn Flakes with Milk	Milk Rice Noodles with Minced Pork and Mixed Beans in Soup	Congee with Minced pork and Lettuce	Milk and Egg Oatmeal	Milk Boiled Corn	
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	

4 th Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Butter Roll	Twist Bun	Steamed Rice Noodles Roll	Brown Sugar Raisin Bun	Sesame Cocktail Bun	Sweet Round Roll
	Spinach and Minced Pork Soup	Cabbage and Sliced Pork Soup	Corn, Tofu and Lean Pork Soup	Cucumber and Minced Pork Soup	Lean Pork Soup with Green Carrot and Carrot	Minced Pork with Vegetable Fried Noodles
Lunch	Steamed Sliced Pork with Pumpkin	Chicken Tenderloin with Tomato and Egg	Boiled Meatballs with Baby Vegetables	Stir-fried vegetable cores	Boiled Fish with Cabbage	
	Scrambled Eggs	Fried Noodles	Steamed Eggs	Steamed Meatloaf	Scrambled Eggs with Green Beans	
Tea	Milk	Minced pork congee with	Milk	Milk and Egg	Milk	
Time	Shanghai Noodles with Minced Meat	vegetables	Minced pork Macaroni	Oatmeal	Minced pork with vegetables and rice noodles	
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	